



## 2023 Camper Kit List

The following is a list recommended items to bring based on a **one-week session**.  
For campers staying for multiple weeks, please adjust accordingly. See reverse for information about laundry  
BEST PRACTICE: PACK USING A SOFT SIDED BAG (IE HOCKEY BAG) TO STORE UNDER BUNK BED

### Clothing:

- 3 Pairs of shorts
- 2 Pairs of pants
- 6 T-shirts
- 8 Pairs of underwear
- 2 Long sleeved t-shirts
- 2 Sweaters/ sweatshirts
- 1 Raincoat
- 2 Bathing suits
- 2 Bath towels
- 8 Pairs socks
- 1 Pairs of running shoes
- 1 pair sandals w/ strap, or water shoes
- 1 sun hats (one with a wide brim)
- 2 pairs of pajamas

### Equipment:

- Reusable water bottle
- Sleeping bag or warm blanket
- One pillow w/ pillow case
- Fitted Sheet for a twin mattress (top sheet optional)
- Sunscreen
- Insect repellent
- Toiletries (comb, toothbrush, toothpaste, deodorant, facial tissues, feminine hygiene products, shampoo, soap- non perfumed recommended)

### Optional:

- Backpack (LIT campers must bring a backpack, regular school backpack is OK)
- Bathrobe
- 1 warm jacket
- Sunglasses
- Pre-addressed envelopes w/ stamps
- Pens, paper, and writing paper
- Musical Instruments i.e. acoustic guitar (optional)

### Optional Items cont'd

- White cotton t-shirt for tie dying
- Lip Balm

### Aerial Park Participants

- Closed toe shoes
- Bandana (optional to wear under helmet)

### Horseback Riders

- Rubber boots or riding boots with a 1 inch heel
- Bandana (optional to wear under helmet)
- Riding Helmet (provided but can bring own)

### Rock Climbers

- Closed toe shoes
- Bandana (optional to wear under helmet)

### Mountain Bikers

- Bike Helmet (provided but can bring own)
- Bandana (optional to wear under helmet)
- Protective gear, elbow/ knee pads (optional)

***Please make sure ALL clothing and equipment is clearly labelled with camper's first and last names!***



# Camp Muskoka

## Additional Information and Dress Code

Camper clothing should reflect the demands of the outdoors. Be sure to keep your camper's most expensive or treasured clothing at home. Despite all our best efforts, items do get lost. Campers will be active and involved in programs where the quality of the experience is more important than fashion, and damaged or stained clothing may occur.

At Camp Muskoka we want everyone to be comfortable. If a camper's clothing is offensive or making others uncomfortable, they may be asked to change. Please refer to the dress code below:

- Remember to be sun safe during the day to avoid sun exposure.
- Tank tops can be worn but should be modest.
- Light coloured, loose fitting clothing is best for insect protection.
- Swimsuits should be modest.
- Closed toe shoes and socks are required; runners are acceptable.
- Shorts should be an appropriate length and should be modest.

### LAUNDRY

Laundry service is available once a week on Fridays for campers who are staying for 2 or more consecutive weeks of camp, at the additional fee of \$30 plus tax. Clothing is sent out, washed, dried, folded and returned later that same day. A laundry bag will be loaned to campers for laundry service. To avoid disappointment, please do not send any clothing that will not stand up to commercial laundering or which requires delicate care. Camp Muskoka is not responsible for lost or damaged clothing from the laundry service.

### PACKING TIPS

All Camper clothing and equipment must be clearly labelled with camper's first and last names. To avoid the disappointment of returning home without a favourite shirt or pair of jeans, we strongly recommend that you leave those clothing items at home. When Packing, please keep in mind the following:

- Keep packing as simple as possible. Try not to over pack.
- Parents, please pack WITH your camper. This helps reduce lost and found items.
- Luggage storage is limited, Duffie/Hockey bags work best.
- LIT Campers, please remember to pack a backpack.

***Please make sure ALL clothing and equipment is clearly labelled with camper's first and last names!***